

# PROFESSIONAL COUNSELING

## PURSUE SKILLS FOR PROFESSIONAL COUNSELING AT POST UNIVERSITY

The Graduate Certificate in Professional Counseling program at Post University is designed to provide learning opportunities that you could use to help develop and refine professional counseling skills. The coursework may also offer the opportunity to explore the issues and aspects of mental health and substance abuse. Coursework also covers the assessment, diagnosis, and treatment of various mental and behavioral health disorders.

### **Graduate Certificate in Professional Counseling** *Offered online*

The graduate-level certificate program offers learning experiences you could use to develop a deeper understanding of the primary models, theories, and techniques used in professional counseling. Customize your 24-credit-hour program to meet your goals with options for classes in counseling techniques, family systems theory, addiction biology, child development, multicultural counseling issues, and more. You could use the insights and information you gain in this program to advance the effectiveness of your mental and emotional support efforts.

Disclaimer: While this program is not designed to fulfill licensure requirements in an individual state, it may be used to partially fulfill licensure requirements. You are responsible for ensuring all requirements are met for any relevant licensures or certifications.

